

MOUNT
BIERSTADT

GLUTEN FREE

MUFFINS

BLUEBERRY
CRUMB

SOY
FREE

DAIRY
FREE

NUT
FREE

NET WT 10 OZ (284g)

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Nutrition Facts

4 servings per container

Serving Size

1 Muffin (71g)

Amount per serving

Calories

250

% Daily Value*

Total Fat

10g

13%

Saturated Fat

1.5g

6%

Trans Fat

0g

Cholesterol

35mg

11%

Sodium

160mg

7%

Total Carbohydrate

37g

13%

Dietary Fiber

1g

5%

Total Sugars

16g

Includes 15g Added Sugars

31%

Protein

2g

Vit D 0mcg

0%

Calcium 48mg

4%

Iron 0.37mg

2%

Potassium 35mg

0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MOUNT BIERSTADT
BLUEBERRY CRUMB MUFFINS

INGREDIENTS: CANE SUGAR, EGGS, WATER, DRIED WILD BLUEBERRIES, NON-GMO CANOLA OIL, MODIFIED TAPIOCA STARCH, WHITE RICE FLOUR, NON-GMO POTATO STARCH, GLYCERIN, SORGHUM FLOUR, BROWN CANE SUGAR, APPLE CIDER VINEGAR, NATURAL FLAVOR, RICE STARCH, PALM OIL, BAKING POWDER (Monocalcium Phosphate, Bicarbonate Of Soda Non-GMO Cornstarch), BAKING SODA, CINNAMON, XANTHAN GUM, GUAR GUM.
CONTAINS: EGGS.

MADE IN A DEDICATED GLUTEN FREE FACILITY.

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STORE FROZEN. Allow to come to room temperature or warm in the microwave for 15-30 seconds.



Yumbana Gluten Free
Castle Rock, CO 80109
YumbanaGlutenFree.com

